

A Few of Our PEP Clients...

3M	Nike
AARP	Nixon Peabody LLP
AT&T	Pfizer
Bayer	Reuters
Capital One	Roche
Con Edison	Sempra Energy
Ericsson	Shell Oil
Ernst & Young	Toyota
Glaxo SmithKline	Trane
Hewlett Packard	Unilever
Lloyds Bank	United Way
Lucent	Volkswagen
McDonalds	Wachovia Bank
McKee Foods	World Bank

Clients Believe in PEP...



"PEP is an inexorable part of our quality program. It forces you to examine your work processes."

"PEP enables people to get things done better and faster."

"PEP has an immediate impact. It produces a visible result very quickly."

"PEP provides an extraordinary return on Investment."

"It's greatest benefit is the freeing up of time and attention."

"PEP resulted in improvements in work processing for over 90% of those participating here."

"I was always looking for a needle in a haystack. Because of PEP I threw away the haystack!"

"Excellent program!" Many of the principles seem common sense but how to turn them into common practice is not obvious. PEP does this very well."

PEP™

Personal Effectiveness Programs

Solutions to suit every need including one-on-one coaching, small and large group formats and ePEP™ our on-line, self-paced elearning program.



"Coaching People to Work Smarter"®



PEP Productivity Solutions, Inc.
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 www.PEPproductivitysolutions.com

"Coaching People to Work Smarter"®



PEP™

Personal Effectiveness Programs

Looking for more hours in the day, yet know that's not possible?

Then get PEP'ed!

PEP is Personal...

PEP is Practical...

PEP is Performance-Based...



- Recover "lost" time
- Focus on priorities
- Reduce your stress
- Increase your client service
- Regain control
- Perform at your best

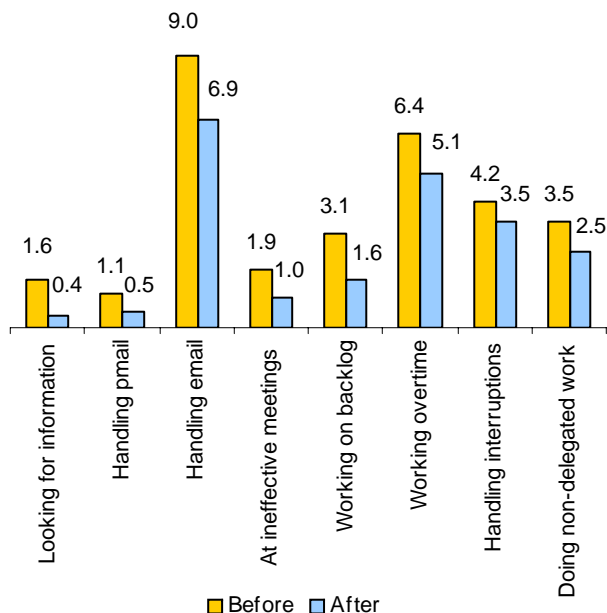
"Coaching People to Work Smarter"®

Since 1985, PEP has served over 1 million people on 6 continents and in 14 languages. Our dynamic combination of training and implementation coaching produces tangible, long-term results.

PEP Makes a Real Difference

PEP participants report on average 9.3 hours saved per week. Over the period of a 50 week year, this accounts for 465 hours of found time, allowing for higher productivity, proactive planning and overall increase in effectiveness.

Hours Spent Per Week A Before and After PEP Comparison



9.3 Hours Saved Per Week

PEP Focuses On...

- Work Habits
- Information Retrieval
- Electronic Productivity Tools
- Planning Your Work
- Maintenance



PEP - Personal Effectiveness Programs

PEP methods drive out inefficiencies in personal and business habits and increase overall effectiveness.

PEP solutions include:

- one-on-one coaching
- small and large group formats
- ePEP™ self-paced learning

"Coaching People to Work Smarter"®

